

UALBANY MEN'S OUTDOOR TRACK & FIELD BEST OF THE YEAR

100-Meter Dash

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	10.86	Felipe Reyes	3/21/09, Carolina Classic
2	10.91	Pat Weider	4/25/09, Capital District Classic
3	11.01	Mike McCadney	4/18/09, UTECH T&F Classic
4	11.75	Kevin O'Riley	4/18/09, Larry Ellis Invitational

200-Meter Dash

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	21.65 (IC4A)	Jeffery Barnes	5/3/09, America East Championship
2	22.10	Jean Juste	5/2/09, America East Championship
3	23.10	Garrett Askew	4/25/09, Capital District Classic
4	23.75	Kevin O'Riley	4/18/09, Larry Ellis Invitational
5	25.58	Alfred Pryor	4/18/09, Larry Ellis Invitational

400-Meter Dash

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	46.49 (Reg.)	Joe Greene	5/3/09, America East Championship
2	47.34	Alie Beauvais	5/3/09, America East Championship
3	49.68	Lynval Clarke	4/25/09, Capital District Classic
4	52.07	Freddie Wills	4/25/09, Capital District Classic

110-Meter High Hurdles

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	14.14 (Reg.)	Jean Juste	4/18/09, UTECH T&F Classic
2	14.82	Garrett Askew	5/9/09, NYC Qualifying Challenge
3	15.21	Nicholas Assini	3/21/09, Carolina Classic
4	15.34	Mohamed Kanu	4/25/09, Capital District Classic
5	15.56	Alfred Pryor	4/18/09, Larry Ellis Invitational
6	15.74	Freddie Wills	3/27/09, Raleigh Relays
7	15.83	Jared Nilsson	5/2/09, America East Championship

400-Meter Intermediate Hurdles

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	49.67 (Reg.)	Joe Greene	6/12/09, NCAA Championship
2	49.99 (Reg.)	Alie Beauvais	5/17/09, IC4A Championship
3	54.12	Andrew Overbaugh	5/3/09, America East Championship
4	54.63	Peter Rowell	5/2/09, America East Championship
5	55.07	Alan Nimblette	5/2/09, America East Championship
6	56.69	Mohamed Kanu	5/2/09, America East Championship
7	57.78	Nicholas Assini	3/27/09, Raleigh Relays
8	58.59	Jared Nilsson	4/18/09, Larry Ellis Invitational

800-Meter Run

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	1:50.39 (Reg.)	Tyler Fogarty	5/16/09, IC4A Championship
2	1:51.25 (IC4A)	John Moore	5/3/09, America East Championship
3	1:51.43 (IC4A)	Joe Belokopitsky	4/18/09, UTECH T&F Classic
4	1:52.31	Ricardo Estremera	4/18/09, UTECH T&F Classic
5	1:52.65	Nick Santos	5/3/09, America East Championship
6	1:55.97	Bryan Lasky	4/18/09, UTECH T&F Classic
7	1:58.64	Aaron Lozier	4/13/09, St. John's Monday Meeting
8	1:58.65	Paul Lagno	4/18/09, UTECH T&F Classic
9	1:59.02	Jared Jupin	5/3/09, America East Championship
10	1:59.63	Mitchel Troise	4/25/09, Capital District Classic
11	2:00.00	Cory Greczyn	4/18/09, UTECH T&F Classic
12	2:01.69	Mohamed Kanu	4/25/09, Capital District Classic
13	2:02.08	Ryan Florkiewicz	4/18/09, Larry Ellis Invitational
14	2:03.35	Devon Sedgwick	4/18/09, Larry Ellis Invitational
15	2:08.21	Chris Manico	4/25/09, Capital District Classic

1,500-Meter Run

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	3:45.88 (Reg.)	John Moore	5/16/09, IC4A Championship
2	3:51.45	Aaron Lozier	4/17/09, Larry Ellis Invitational
3	3:53.09	Ricardo Estremera	5/3/09, America East Championship
4	4:00.81	Tyler Fogarty	4/13/09, St. John's Monday Meeting
5	4:02.61	Paul Lagno	5/9/09, New York City Qualifying Challenge
6	4:05.76	Brian Yurkewecz	4/25/09, Capital District Classic
7	4:06.26	Nick Santos	4/13/09, St. John's Monday Meeting
8	4:08.15	Joe Belokopitsky	4/13/09, St. John's Monday Meeting
9	4:08.30	Ryan Florkiewicz	4/18/09, Larry Ellis Invitational
10	4:08.95	Paul LaRocca	4/18/09, Larry Ellis Invitational
11	4:11.01	Cory Greczyn	4/13/09, St. John's Monday Meeting
12	4:12.51	Chris Manico	4/25/09, Capital District Classic
13	4:17.44	Jimmy Carroll	4/18/09, Larry Ellis Invitational
14	4:30.81	Devon Sedgwick	4/13/09, St. John's Monday Meeting

3,000-Meter Run

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	9:24.31	Ryan Florkiewicz	4/3/09, Pepsi Florida Relays

5,000-Meter Run

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	14:44.20	Brian Yurkewecz	4/17/09, Larry Ellis Invitational
2	15:04.85	R.J. Sniffen	3/27/09, Raleigh Relays
3	15:54.62	Ryan Florkiewicz	5/3/09, America East Championship
4	16:48.91	Jimmy Carroll	4/25/09, Capital District Classic

10,000-Meter Run

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	32:12.15	Brian Yurkewecz	4/3/09, Duke Asics Invitational
2	34:52.43	Jimmy Carroll	5/2/09, America East Championship

3,000-Meter Steeplechase

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>Date, Meet</u>
1	8:48.72 (Reg.)	Ricardo Estremera	6/12/09, NCAA Championship
2	9:45.17	Chris Manico	4/17/09, Larry Ellis Invitational
3	10:13.47	Paul LaRocca	5/2/09, America East Championship

Long Jump

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	24-9.25 (Reg.)	Valete Graham	5/2/09, America East Championship
2	24-3.75 (Reg.)	Felipe Reyes	5/16/09, IC4A Championship
3	23-10.25 (IC4A)	Fred Casimo	5/2/09, America East Championship
3	23-10.25 (IC4A)	Mike McCadney	4/18/09, UTECH T&F Classic
3	23-10.25 (IC4A)	Kyle Nadler	5/9/09, NYC Qualifying Challenge
6	23-2.25	Freddie Wills	4/18/09, UTECH T&F Classic
7	22-10.50	Nasim Siddeeq	5/2/09, America East Championship
8	22-9.25	Kevin O'Riley	4/18/09, Larry Ellis Invitational
9	21-7.25	Dong Ning Hu	4/18/09, Larry Ellis Invitational
10	19-9.75	Kurtis Randolph	4/13/09, St. John's Monday Meeting

Triple Jump

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	51-4.25 (Reg.)	Mike McCadney	6/25/09, USA Senior National Championship
2	50-9.50 (Reg.)	Nasim Siddeeq	6/25/09, USA Senior National Championship
3	48-3.50 (IC4A)	Valete Graham	5/17/09, IC4A Championship
4	47-4.25	Dong Ning Hu	5/3/09, America East Championship
5	45-7.75	Jordan Pollock	4/25/09, Capital District Classic

Pole Vault

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	17-6.50 (Reg.)	Luke Schoen	4/4/09, Duke Asics Invitational 6/12/09, NCAA Championship
2	15-7	Mike Dempsey	4/4/09, Duke Asics Invitational
3	12-5.50	Freddie Wills	4/25/09, Capital District Classic
4	11-5.75	Kevin O'Riley	4/25/09, Capital District Classic

Discus Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	156-6	Mike Lynch	5/3/09, America East Championship
2	154-5	Stephen Hassard	5/3/09, America East Championship
3	137-7	Zach Murphy	5/3/09, America East Championship

Hammer Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	200-3 (Reg.)	Wilfredo de Jesus Elias	5/2/09, America East Championship
2	145-7	Kevin Lee	5/2/09, America East Championship

Javelin Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	150-9	Erik Andersen	5/2/09, America East Championship
2	140-7	Kevin O'Riley	4/25/09, Capital District Classic

Shot Put

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	47-8	Cory Thomas	4/13/09, St. John's Monday Meeting
2	46-0	Frank Fazzino	4/25/09, Capital District Classic
3	45-9.75	Jordan Meikle	4/18/09, Larry Ellis Invitational

Decathlon

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	6,205 points	Freddie Wills	5/2-3/09, America East Championship

4x100-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	41.06 (IC4A)	Jean Juste, Mike McCadney, Felipe Reyes, Jeffery Barnes	4/18/09, UTECH T&F Classic
2	41.12 (IC4A)	Jean Juste, Joe Greene, Alie Beauvais, Jeffery Barnes	5/17/09, IC4A Championship
3	41.48 (IC4A)	Jean Juste, Mike McCadney, Alie Beauvais, Jeffery Barnes	5/3/09, America East Championship

4x200-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	1:25.43	Alie Beauvais, Jeffery Barnes, Mike McCadney, Joe Greene	4/3/09, Pepsi Florida Relays
2	1:30.75	Jean Juste, Lynval Clarke, Garrett Askew, Mohamed Kanu	4/3/09, Pepsi Florida Relays

4x400-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	3:06.89 (Reg.)	Jeffery Barnes, Joe Belokopitsky, Alie Beauvais, Joe Greene	5/30/09, NCAA East Regional Championship
2	3:08.86 (Reg.)	Alie Beauvais, Jeffery Barnes, Peter Rowell, Joe Greene	4/4/09, Pepsi Florida Relays
3	3:09.65 (Reg.)	Andrew Overbaugh, Jeffery Barnes, Alie Beauvais, Joe Greene	5/17/09, IC4A Championship
4	3:11.55 (IC4A)	Andrew Overbaugh, Alie Beauvais, Jeffery Barnes, Joe Greene	5/16/09, IC4A Championship
5	3:17.71	Andrew Overbaugh, Peter Rowell, John Moore, Joe Belokopitsky	4/24/09, Penn Relays
6	3:22.47	Andrew Overbaugh, Peter Rowell, Kevin O'Riley, Nicholas Assini	3/28/09, Raleigh Relays
7	3:22.83	Andrew Overbaugh, Lynval Clarke, Nick Assini, Mohamed Kanu	4/4/09, Pepsi Florida Relays

4x800-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	7:24.97 (IC4A)	Nick Santos, Tyler Fogarty, Bryan Lasky, Joe Belokopitsky	5/17/09, IC4A Championship
2	7:26.67 (IC4A)	Joe Belokopitsky, Nick Santos, John Moore, Tyler Fogarty	4/4/09, Pepsi Florida Relays
3	7:31.95 (IC4A)	Nick Santos, Tyler Fogarty, Bryan Lasky, Joe Belokopitsky	5/16/09, IC4A Championship
4	7:32.37 (IC4A)	Nick Santos, Joe Belokopitsky, Ricardo Estremera, John Moore	5/3/09, America East Championship

Shuttle Hurdle Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	1:00.18	Garrett Askew, Joe Greene, Nicholas Assini, Jean Juste	4/4/09, Pepsi Florida Relays
2	1:01.09	Jean Juste, Garrett Askew, Mohamed Kanu, Alfred Pryor	4/24/09, Penn Relays

Sprint Medley Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	3:18.89	Alie Beauvais, Jeffery Barnes, Joe Greene, Tyler Fogarty	4/24/09, Penn Relays
2	3:28.83	Lynval Clarke, Felipe Reyes, Andrew Overbaugh, Aaron Lozier	4/4/09, Pepsi Florida Relays